Adventure Sport Programme Area

Foundation Degree in Adventure Sports & Coaching

Course Joining Instructions 2016

The general nature of the Foundation Degree in Adventure Sports & Coaching can be gathered from the fact that all students spend a portion of their time in both Lectures and off campus engaging in practical activities. To help you prepare for this, please read the following guidance carefully.

1. Outdoor Equipment - please ask course staff for advice if required;

In term time, students are timetabled for one practical activity a week. These activities include Kayaking, Canoeing, Sailing, Mountain Walking, Climbing and Mountain Biking.

The specialist equipment required for these activities is provided by the college, but you will need the following:

- Walking Boots (3 Season)
- Good Quality Waterproof Jacket and Trousers
- 50 litre Rucksack (Minimum)
- Waterproof rucksack liner
- Warm clothing (Fleeces, Thermals, Hats, Gloves etc.)
- Sleeping Bag (suitable for 3 season backpacking use)
- Head Torch e.g. Petzl Tikka/Zipka, Alp Kit Gamma or similar
- Slim Profile Wetsuit Boots/Shoes
- Unbreakable Flask/Water bottle
- Compass (with Roma Scale) equivalent to Silva Expedition 4 in Degrees

During your induction to the course, you will receive expert guidance regarding this equipment and have the opportunity for a member of staff to evaluate any equipment you currently own.

2. Stationery

Normal pens, highlighters and pencils etc.

A4 loose-leaf folders
A4 lined notebook pad
A4 Subject Dividers
Hole-punch
Stapler
Memory Stick

3. Additional Costs

- Your programme of study includes opportunities to undertake National Governing Body Awards and to participate in Residential Courses. Although the cost of these is subsidised by the college, who provide tuition, equipment and transport, we ask you to pay £50 per term (£150 per academic year) to enable these to run.

- Your Foundation Degree provides you with opportunities to undertake National Governing Body training and assessment courses. Although these are included in your programme of study, the cost of registration and certification for these is not covered by the college. A guide to these costs is available on request.

- Additional Study Tours, such as Skiing/Snowboarding, Rona Offshore Sailing and River Tay Canoe Expedition are available to students throughout their course - full details and costs will be provided as they become available.

- In some cases, students may be required to undertake a Disclosure and Barring Service (DBS) check before either before enrolling on the course or starting work experience. This cost is around £40.

4. Self-Directed Study

The Foundation Degree in Adventures Sports Coaching is organised so that students attend on three days in the week. The remainder of the time is designated as self-directed study when research and assignment work should be completed.

Students are welcome to use the College facilities, such as the Learning Resource Centre, but do not have to attend College during periods of self-directed study.

Your timetable, including periods of self-directed study will be confirmed at enrolment, in September 2015.

5. Contact Information

If you have any questions about your course or the college then please visit our HE FAQs page on the college Website or contact your course manager,

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