

Course Joining Instructions

Curriculum Area: SPORT

LEVEL 3 PROGRAMMES IN SPORT (OUTDOOR ADVENTURE)

Academic Year: 2019-2020

Outdoor Equipment (please ask staff if you need advice before purchasing):

- Warm clothing (fleece, hat, gloves)
- Waterproof jacket AND trousers
- Water sport shoes
- Walking boots
- Day sack (35 litre)
- Water bottle and flask
- Large rucksack, sleeping bag, torch will be required for expeditions towards the end of the course

Note: Jewellery and jeans MUST NOT be worn on practical sessions (you will be precluded from participating).

Fitness Clothing: All students are to purchase the following items for fitness modules, which will be available to buy on enrolment day from Akuma Sport. Students are to provide their own sport trainers and joggers/leggings.

- Sublimated T-Shirt (round or V-neck) (£23.80+VAT)
- Kirin Shorts (£17.25+VAT)

Stationery: A USB memory stick, notepad and pens, A4 folders, smart phone and laptop are recommended. Academic diary can be useful.

Reference Material: The college library is well stocked and many resources are available online. Should you wish to purchase your own course reference material, please speak with your Course Manager at the start of your course.

GCSE Maths and English: All students without a GCSE Grade 4 (formally a C) in Maths and English who are accepted to study at Reaseheath College will restudy these as part of their Programme of Learning (this is compulsory). For Maths you will require a scientific calculator (Casio FX-85GT recommended), a protractor and a compass as well as pen, pencil and folders.

Adventure Sport Fee (Compulsory): You will participate in expedition/ residential /educational day trips during each year of the course. This fee covers food, campsites/bunkhouses and other associated costs.

Fee for **First Year** students is **£150.00** payable by Monday, 16 September 2019.

Fee for **Second Year** students is **£100.00** payable by Monday, 16 September 2019.

This fee is to be paid via the college's online store at www.reaseheath.ac.uk – online store – Sport & Public Services. If you have applied for a bursary for the **Adventure Sport Fee** from Student Finance the fee must be paid via the online store. Once your bursary has been awarded the online store receipt will be reimbursed.

Study Tours: The department may offer students the opportunity to participate in Study Tours relevant to their area of study such as ski-ing, sailing, Royal British Legion Tours and football tours. These will be at an additional cost and will be advertised as and when they are arranged, for example ski trip to Austria Easter 2018 cost £799.00.

NGB (National Governing Body) Awards: To work in the outdoors you will need NGB memberships and qualifications. It is advantageous to become a member of MT (Mountain Training – www.mountain-training.org) before your course starts. Other memberships which may be needed include British Canoeing (www.britishcanoeing.org.uk), British Cycling (www.britishcycling.org.uk), British Mountaineering Council (www.thebmc.co.uk). Throughout the year these additional qualifications may be offered to students at a competitive price delivered by our fully qualified instructors or external companies. These may include Lowland Leader, Climbing Wall Assistant, Climbing Wall Instructor Training, UKCC Level 1 Coaching in Paddlesport, ITC 16 Hour Outdoor First Aid. You will be informed of the eligibility criteria and costs of these by your Course Manager.

Gym Membership (not Compulsory): Yearly gym membership of the RHC Gym is £72.00 or £36.00 for six months for Sport & Public Services students.

Study Day: The Programme of Learning is organised so that students have a self-directed study day each week (no regular timetabled sessions). However, you may be required by your Course Manager to attend on this day so please ensure that you will always be available. You will be informed of the study day for your course during your induction week when you are given your full timetable.

Work Experience: It is advisable to gain as much work experience within the outdoor industry as possible. For example, this could be at a local outdoor centre, climbing wall or watersports facility. Additionally, any experience within outdoor activities will support your progression on the course, eg: local clubs and national centres offering a variety of experience courses, voluntary work. Please speak direct to your Course Manager if you have any questions regarding this. As part of your Programme of Learning all students must complete 100 hours of work experience in the industry. This consists of a week in industry during an academic term and the remaining hours in your own time. Full details will be given to you by your Course Manager, however you may wish to start investigating opportunities.

Health Information: During Induction Week you will be asked to complete a Sport & Public Services Medical Consent Form. This is in addition to the information you provided on your original application, as the department requires full disclosure of past and present injuries which may present a risk during sport participation. Students who carry medication must indicate these on the Medical Consent Form and carry the medication at all times.

Acknowledgment of Risk: An Acknowledgement of Risk and Media Consent Form will also be completed at the start of your study.

Sickness & Absences: All absences must be reported by **8.45am** on the first and every subsequent day of absence to the Sports Department or the Course Manager. Absences can be made either by phone or email. To report an absence by phone please call **01270 613188 and Press 2**. The following information must be clearly left:

- Full name of Student
- Course Manager or Course Studying on
- Reason for Absence
- Length of Absence
- Name of Caller

Curriculum Area Sport Contact Details:

Sport & Public Services Main Office: 01270 613188 = Key * 1 for Extension No of staff member if known / *2 absences / *3 Adventure Sport Staff / *4 Sport Studies Staff / *5 Public Services Staff

Curriculum Area Manager Sport & Public Services: 01270 613188 Ext 3610

Programme Administrator: 01270 613188 Ext 3522

Reaseheath Gym: 01270 613188 Ext 3663

Reaseheath College Reception: 01270 625131

<https://store.reaseheath.ac.uk/product-catalogue/clothing/adventure-sports-kit>

<https://store.reaseheath.ac.uk/product-catalogue/sport-public-services>