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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FIRDAY** |
| **SLOW COOKED BEEF RAGU**  **IN A RICH TOMATO SAUCE**  **ROASTED VEG RAGU**  **GARNISH** | **BBQ ROAST CHICKEN**  **BREAST**  **STUFFED AUBERGINES**  **GF/VE**  **BBQ GRAVY** | **BEEF KEBABS**  **FRIED PEPPERED AND ONION**  **HOME MADE FLAT BREADS**  **VEGAN OUMPH**  **GARNISH** | **HOME MADE CHICKEN CURRY**  **VEGETABLE CHICKPEA AND SPINACH CURRY**  **GARNISH** | **BATTERED FISH**  **FISHLESS FISH CAKES**  **HALLOUMI (GF)**  **TARTAR SAUCE**  **LEMON WEDGE** |
| **CREAMY PARSLEY MASH**  **CHIPS**  **SLICED CARROTS**  **TENDER STEM BROCCOLI** | **CORN OF COB OR BEANS**  **SEASONED DICED POTS**  **CHIPS**  **ONION RINGS**  **COLESLAW**  **LETTUCE**  **TOM, QS, RED ONION** | **COLESLAW**  **LETTUCE**  **TOM, QS, RED ONION**  **HOMEMADE GARLIC SAUCE**  **VEGAN GARLIC MAYO**  **CHIPS** | **RICE**  **POPS**  **NANS**  **CHIPS**  **MANGO CHUTNEY**  **MINT YOGURT**  **ONION SALAD** | **MUSHY PEAS**  **GRAVY**  **BEANS**  **CURRY SAUCE**  **SWEET CHILLI** |
| **SWEET AND SOUR CHICKEN**  **STIR FRY**  **VEGAN STIR FRY**  **EGG NOODLES**  **GLASS NOODELS**  **VEG SPRING ROLL** | **BEEF CHILLI**  **VEG CHILLI**  **RICE**  **CHIPS**  **NACHOS**  **SOUR CREAM**  **GRATED CHEESE** | **MAC & CHEESE**  **PAPRIKA CRUMB**  **GARLIC BREAD X2** | **BREADED COD CAKES**  **MUSHY PEAS OR SWEETCORN**  **LEMON WEDGE**  **CHIPS** | **SWEET CHILLI CRISPY BEEF (GF)**  **SWEET CHILLI VEGAN**  **CHIPS**  **COLESLAW**  **LETTUCE**  **TOM, QS, RED ONION** |
| **MEAT WRAP OF THE DAY**  **CHIPS**  **COLESLAW**  **LETTUCE**  **TOM, QS, RED ONION** | **SCAMPI**  **CHIPS**  **PEAS**  **LEMON WEDGE**  **TARTAR SAUCE** | **JAMAICAN CHICKEN**  **CHAR GRILLED PEPPERS**  **RICE AND PEAS**  **JERK GRAVY**  **PINEAPPLE RING ROASTED**  **LIME WEDGE** | **BEEF BOLOGNAISE**  **VEG & LENTIL BOLOGNAISES**  **GARLIC BREAD X2**  **TENDER STEM BROCCOLI** | **SLICE/SAUSAGE ROLLS/PIES** |
| **BEANS**  **GRAVY**  **CHIPS** | **BEANS**  **GRAVY**  **CHIPS** | **BEANS**  **CHIPS**  **GRAVY** | **BEANS**  **GRAVY**  **CHIPS** | **BEANS**  **GRAVY**  **CHIPS** |

**LUNCH WEEK 1**

**DINNER WEEK 1**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FIRDAY** | **SUNDAY** |
| **BBQ BEEF BRISKET**  **MILLERS GALZED BUN**  **BBQ PULLED OUMPH**  **(BBQ SAUCE OUT OF STOCK)**  **GARNISH** | **CHICKEN FAJITA WITH PEPPERS AND ONIONS**  **VEGAN FAJITA**  **PEPPERS AND ONIONS**  **CHIPS**  **GARNISH** | **BEEF & ALE PIE**  **PUFF PASTRY**  **ROASTED VEG AND BUTTER BEAN PIE**  **GARNISH** | **STICKY LEMON AND THYME CHICKEN**  **GARLIC POTATOES**  **CHIPS**  **GRAVY**  **GARNISH** | **BUTTERMILK FRIED CHICKEN**  **QUORN BUTTERMILK FILLETS** | **TO BE DECIDED AND DONE FRIDAY** |
| **CARAMELIZED ONIONS**  **CHIPS**  **SWEETCORN**  **CAESAR SALAD**  **CROUTONS** | **MIXED SALAD**  **CHEESE**  **COLESLAW, LETTUCE**  **TOM, QS, RED ONION**  **SALSA**  **SOUR CREAM**  **GUACAMOLE** | **CHIVE MASH (VE)**  **CHIPS**  **PEAS AND CARROTS**  **ROAST PARSNIPS**  **GRAVY** | **ROASTED VEGETABLES OR**  **COLESLAW**  **LETTUCE**  **TOM, QS, RED ONION**  **GARLIC MAYO** | **PAPRIKA SALTED FRIES**  **CORN ON THE COB**  **BEANS** |  |
| **TERIYAKI CHICKEN WINGS (SESAME SPRING ONIONS)**  **CHIPS**  **COLESLAW, LETTUCE**  **TOM, QS, RED ONION**  **TARIYAKI DIPPING SAUCE** | **SELECTION OF PIES**  **X 2 MEAT X 1 VEGGIE**  **CHIPS**  **CARROTS & PEAS**  **GRAVY** | **BATTERED CHICKEN**  **SWEET CHIILLI SAUCE**  **PEPPERES AND ONIONS**  **RICE OR CHIPS** | **MEAT FEAST PASTA**  **ROAST PEPPER AUBERGINE AND BASIL PASTA**  **GARLIC BREAD X2** | **COLESLAW**  **LETTUCE**  **TOM, QS, RED ONION**  **GALRIC MAYO** |  |
| **BEANS**  **GRAVY**  **CHIPS** | **BEANS**  **GRAVY**  **CHIPS** | **BEANS**  **GRAVY**  **CHIPS** | **BEANS**  **GRAVY**  **CHIPS** | **BEANS**  **GRAVY**  **CHIPS** |  |