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| **MONDAY**  | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FIRDAY** |
| **SLOW COOKED BEEF RAGU** **IN A RICH TOMATO SAUCE****ROASTED VEG RAGU****GARNISH**  | **BBQ ROAST CHICKEN** **BREAST** **STUFFED AUBERGINES** **GF/VE****BBQ GRAVY** | **BEEF KEBABS****FRIED PEPPERED AND ONION****HOME MADE FLAT BREADS****VEGAN OUMPH** **GARNISH** | **HOME MADE CHICKEN CURRY** **VEGETABLE CHICKPEA AND SPINACH CURRY** **GARNISH** | **BATTERED FISH** **FISHLESS FISH CAKES****HALLOUMI (GF)** **TARTAR SAUCE****LEMON WEDGE**  |
| **CREAMY PARSLEY MASH****CHIPS****SLICED CARROTS****TENDER STEM BROCCOLI** | **CORN OF COB OR BEANS****SEASONED DICED POTS****CHIPS****ONION RINGS** **COLESLAW** **LETTUCE** **TOM, QS, RED ONION**  | **COLESLAW** **LETTUCE** **TOM, QS, RED ONION** **HOMEMADE GARLIC SAUCE** **VEGAN GARLIC MAYO** **CHIPS**  | **RICE** **POPS****NANS****CHIPS****MANGO CHUTNEY****MINT YOGURT** **ONION SALAD**  | **MUSHY PEAS****GRAVY** **BEANS** **CURRY SAUCE** **SWEET CHILLI** |
| **SWEET AND SOUR CHICKEN****STIR FRY** **VEGAN STIR FRY****EGG NOODLES****GLASS NOODELS** **VEG SPRING ROLL** | **BEEF CHILLI** **VEG CHILLI** **RICE** **CHIPS****NACHOS** **SOUR CREAM** **GRATED CHEESE** | **MAC & CHEESE****PAPRIKA CRUMB** **GARLIC BREAD X2**  | **BREADED COD CAKES** **MUSHY PEAS OR SWEETCORN** **LEMON WEDGE****CHIPS**  | **SWEET CHILLI CRISPY BEEF (GF)****SWEET CHILLI VEGAN****CHIPS****COLESLAW** **LETTUCE** **TOM, QS, RED ONION**  |
| **MEAT WRAP OF THE DAY****CHIPS****COLESLAW** **LETTUCE** **TOM, QS, RED ONION**  | **SCAMPI****CHIPS** **PEAS** **LEMON WEDGE****TARTAR SAUCE**  | **JAMAICAN CHICKEN****CHAR GRILLED PEPPERS** **RICE AND PEAS** **JERK GRAVY****PINEAPPLE RING ROASTED** **LIME WEDGE** | **BEEF BOLOGNAISE** **VEG & LENTIL BOLOGNAISES****GARLIC BREAD X2****TENDER STEM BROCCOLI**  | **SLICE/SAUSAGE ROLLS/PIES**  |
| **BEANS****GRAVY****CHIPS** | **BEANS** **GRAVY****CHIPS** | **BEANS** **CHIPS****GRAVY** | **BEANS** **GRAVY****CHIPS** | **BEANS** **GRAVY****CHIPS** |

**LUNCH WEEK 1**

**DINNER WEEK 1**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FIRDAY** | **SUNDAY** |
| **BBQ BEEF BRISKET****MILLERS GALZED BUN** **BBQ PULLED OUMPH** **(BBQ SAUCE OUT OF STOCK)****GARNISH** | **CHICKEN FAJITA WITH PEPPERS AND ONIONS** **VEGAN FAJITA** **PEPPERS AND ONIONS****CHIPS** **GARNISH** | **BEEF & ALE PIE****PUFF PASTRY** **ROASTED VEG AND BUTTER BEAN PIE****GARNISH** | **STICKY LEMON AND THYME CHICKEN** **GARLIC POTATOES** **CHIPS****GRAVY** **GARNISH** | **BUTTERMILK FRIED CHICKEN****QUORN BUTTERMILK FILLETS** | **TO BE DECIDED AND DONE FRIDAY**  |
| **CARAMELIZED ONIONS****CHIPS****SWEETCORN****CAESAR SALAD** **CROUTONS** | **MIXED SALAD** **CHEESE** **COLESLAW, LETTUCE** **TOM, QS, RED ONION** **SALSA****SOUR CREAM** **GUACAMOLE**  | **CHIVE MASH (VE)** **CHIPS****PEAS AND CARROTS** **ROAST PARSNIPS** **GRAVY**  | **ROASTED VEGETABLES OR** **COLESLAW** **LETTUCE** **TOM, QS, RED ONION** **GARLIC MAYO**  | **PAPRIKA SALTED FRIES** **CORN ON THE COB** **BEANS**  |  |
| **TERIYAKI CHICKEN WINGS (SESAME SPRING ONIONS)** **CHIPS****COLESLAW, LETTUCE** **TOM, QS, RED ONION** **TARIYAKI DIPPING SAUCE**  | **SELECTION OF PIES** **X 2 MEAT X 1 VEGGIE** **CHIPS****CARROTS & PEAS** **GRAVY**  | **BATTERED CHICKEN** **SWEET CHIILLI SAUCE****PEPPERES AND ONIONS** **RICE OR CHIPS**  | **MEAT FEAST PASTA****ROAST PEPPER AUBERGINE AND BASIL PASTA** **GARLIC BREAD X2** | **COLESLAW** **LETTUCE** **TOM, QS, RED ONION** **GALRIC MAYO**  |  |
| **BEANS** **GRAVY****CHIPS** | **BEANS** **GRAVY****CHIPS** | **BEANS** **GRAVY****CHIPS** | **BEANS** **GRAVY****CHIPS** | **BEANS** **GRAVY** **CHIPS** |  |